Explore Linlithgow and Muiravonside

ROUTE TYPE: Walk
DISTANCE: 8 miles/13 km
AVERAGE TIME TO COMPLETE: 2.5 Hours
DIFFICULTY LEVEL: ⬤ ⬤ ⬤ Short and fairly flat

THE ROUTE

Explore the historic town of Linlithgow, cross the Avon Aqueduct and connect with nature along the River Avon on this 8-mile walk.

Starting and finishing in Linlithgow, you will climb from the train station up to the Union Canal. Admire the views from Scotland’s biggest aqueduct before taking the steps down to the River Avon for a loop of Muiravonside Country Park.

Recrossing the Avon Aqueduct, another flight of steps will take you to the River Avon Heritage trail, also waymarked as the John Muir Way. This tranquil trail feels like it’s deep in the countryside despite its location close to Linlithgow.

Passing under the Avon Viaduct brings you to Linlithgow Bridge, from where you will follow the John Muir Way signs as far as Avalon Gardens, where a right turn onto the ‘Linlithgow Link’ path will return you to Linlithgow via the impressive Linlithgow Palace and loch.

ELEVATION PROFILE
Total ascent 155m / Highest point 92m
**PLACES OF INTEREST**

1. **LINLITHGOW PALACE**
   Famous as the birthplace of Mary, Queen of Scots and often used as a film location, these magnificent ruins are set in a park beside a loch rich in wildlife.

2. **LINLITHGOW MUSEUM**
   Home to a restored statue of Mary Queen of Scots plus interactive exhibitions for all ages, the museum is situated in the heart of Linlithgow and is open 6 days a week.

3. **LINLITHGOW CANAL CENTRE**
   Learn about the Union Canal’s history in the museum or take a boat trip to the Avon Aqueduct. The centre also offers canal boat hire and has a tearoom.

4. **AVON AQUEDUCT**
   Scotland’s largest aqueduct carries the Union Canal over the River Avon. Enjoy the view from this 200-year-old engineering marvel.

5. **MUIRAVONSIDE COUNTRY PARK**
   Explore 170 acres of stunning woodland and parkland, a mini demonstration farm, a sculpture trail and a children’s play area.

6. **AVON VIADUCT**
   This mid-19th century railway bridge crosses the River Avon at Linlithgow. The River Avon Heritage Trail passes beneath its 23 arches.

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**TERRAIN**

This route follows canal towpath, footpaths and pavement. There are some gentle slopes and steps but on the whole it’s a fairly flat route, hence its grading as low difficulty. However care should be taken on the steps from the Avon Aqueduct down to the river below as they are steep and can be slippery.

Please enjoy Scotland’s outdoors responsibly. Visit: [outdooraccess-scotland.com](http://outdooraccess-scotland.com)

Plan your trip and find more routes at: [johnmuirway.org/day-trips](http://johnmuirway.org/day-trips)

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**THE INSIDE TRACK**

There’s plenty to see and do around Linlithgow as well as a good choice of places to eat and drink. A visit to the palace is a must but be prepared to pay for entry.

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**GETTING THERE**

**BY RAIL:** Linlithgow sits on the Edinburgh-Glasgow train line.

**BY BUS:** The X38 bus service links Linlithgow and Edinburgh.

**BY CAR:** Parking is limited in Linlithgow but there is paid parking in the centre beside the Burgh Halls and some free spaces are available beside the loch.